

THE PHILADELPHIA SPORTS MEDICINE CONGRESS

This is the 15th year of the annual Philadelphia Sports Medicine Congress. This year our program will include a wide variety of sports medicine topics including evaluation and management of hamstring injuries in the professional athlete, rotator interval lesions in the overhead athlete, and rehabbing the athlete, not the injury. We will continue the tradition of honoring an outstanding team physician and an outstanding athletic trainer with the Joe Torg and Ted Quedenfeld awards. This year's Joe Torg award winner is Wayne Sebastianelli, MD. Tanya Dargusch, ATC, is this year's Ted Quedenfeld award winner. As always, our pledge to you, is to provide excellent speakers on the most current sports medicine topics. We look forward to seeing you on June 6th.

Sincerely,



Arthur R. Bartolozzi, MD
Course Chairman



Justin Shaginaw, MPT, ATC
Course Director



Matt Hay, PA-C, ATC
Assistant Course Director

2014 FACULTY

Gary Dorshimer, MD

University of Pennsylvania Health System
Philadelphia Eagles Team Internist
Philadelphia Flyers Team Physician
Philadelphia, PA

Bill Knowles ATC, CSCS

HP Sports
Director Athletic Development
Wayne, PA

Robert Maschi PT, DPT, OCS, CSCS

Assistant Clinical Professor
Physical Therapy and Rehabilitation Sciences
Drexel University
Philadelphia, PA

Craig Morgan, MD

Morgan Kalman Clinic
Wilmington, DE

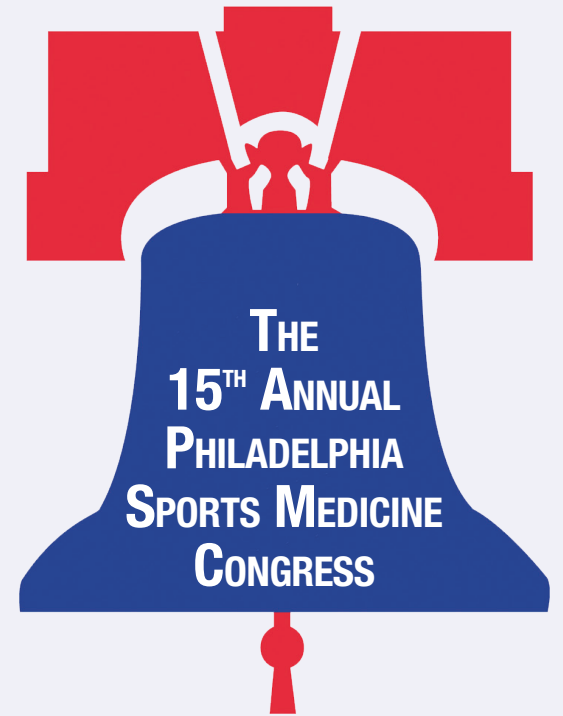
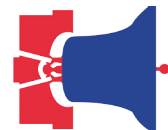
Angela R. Tate, PT, PhD, Cert. MDT

Willow Grove Physical Therapy
Willow Grove, PA

James Bradley, MD

Burke & Bradley Orthopedics
Pittsburgh Steelers Head Orthopaedic Surgeon
Pittsburgh, PA

Aria 3B Orthopaedic Institute
601 Walnut Street, Suite L50
Philadelphia, PA 19106



June 6, 2014

**National Museum of
American Jewish History**

101 South Independence Mall East
Philadelphia, PA 19106

Presented By:



and

3B Medical Research & Education Foundation, Inc.

COURSE DESCRIPTION

The Philadelphia Sports Medicine Congress features lectures by nationally recognized experts in their respective fields focusing on leading edge topics in sports medicine. This course is directed towards athletic trainers, physical therapists, advanced practice nurses, physician assistants, and physicians caring for athletes.

COURSE OBJECTIVES

Review critical issues faced by the sports medicine practitioner in the care of athletes. Provide the most recent advances in care to athletes at all levels of competition. Provide practical, interactive learning of evaluation and treatment techniques.

ACCREDITATION/CEUs

The Aria 3B Orthopaedic Specialists are approved by the NATA BOC for athletic trainers for 5.0 CEUs. This course has been submitted for approval for physical therapists and physical therapy assistants for the states of Delaware, New Jersey, and Pennsylvania for 5.0 CEUs.

REGISTRATION

Fee: \$85

Registration Deadline: May 23, 2014

Cancellations received in writing by May 30, 2014 will receive a full refund of their registration fee.

Please enroll online at: www.phillysmc.org

**Any questions can be directed to:
215-269-6707**

LOCATION

National Museum of American Jewish History
101 South Independence Mall East
Philadelphia, PA 19106

PROGRAM SCHEDULE

- 7:15-7:45 am **Registration**
- 7:45-7:55 am **Introduction**
Arthur R. Bartolozzi, MD
- 7:55-8:55 am **Evaluation and Management of Hamstring Injuries in the Professional Athlete**
James Bradley, MD
- 8:55-9:55 am **Rotator Interval Lesions in the Overhead Athlete**
Craig Morgan, MD
- 9:55-10:05 am **Break**
- 10:05-10:50 am **Prevention and Management of Shoulder Pain in Competitive Swimmers**
Angela Tate, PT, PhD, Cert. MDT
- 10:50-11:45 am **Reconditioning – A Performance Based Model for injured Athletes**
Bill Knowles, ATC, CSCS
- 11:45 am-12:45 pm **Lunch**
- 12:45-1:00 pm **Joe Torg Award**
Wayne Sebastianelli, MD
- 1:00-1:15 pm **Ted Quedenfeld Award**
Tanya Dargusch, ATC
- 1:15-1:35 pm **Keynote Speaker:**
Adam J. Taliaferro
- 1:35-2:20 pm **The Olympic Medical Team: Sochi Men's Hockey**
Gary Dorshimer, MD
- 2:20-3:00 pm **Management of Running Injuries**
Robert Maschi, PT, DPT, OCS, CSCS

THE ANNUAL PHILADELPHIA SPORTS MEDICINE CONGRESS

recognizes the following honorees for their outstanding contributions to the field of Sports Medicine in the Philadelphia area:

JOE TORG AWARD

Previous Honorees

- 2000 Joe Torg
- 2001 John Gregg
- 2002 Phil Marone
- 2003 Ray Moyer
- 2004 Jim Nixon
- 2005 Jack McPhilemy
- 2006 Vince Distefano
- 2007 Fred Balduini
- 2008 Larry Miller
- 2009 Craig Morgan
- 2010 Arthur Bartolozzi
- 2011 Barry Boden
- 2012 John Kelly IV
- 2013 Nicholas DiNubile

TED QUEDENFELD AWARD

Previous Honorees

- 2000 Ted Quedenfeld
- 2001 Joe Godek
- 2002 Jim Rogers
- 2003 Steve Bair
- 2004 Chuck Whedon
- 2005 AJ Duffy
- 2006 Joe Iezzi
- 2007 Phil Donley
- 2008 Keith Handling
- 2009 Jeff Cooper
- 2010 Cliff Fawcett
- 2011 Charlie Thompson
- 2012 Jim Malseed
- 2013 Sandy Fowkes Godek

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