

## THE PHILADELPHIA SPORTS MEDICINE CONGRESS

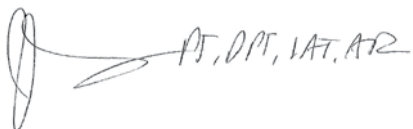
This is the 18th annual Philadelphia Sports Medicine Congress. This year our program will include a wide variety of sports medicine topics including “The ACL athlete: the physical qualities for rehabilitation to athletic performance” and “Graft selection in ACL reconstruction: Do sex, sport, and age play a role?” We will continue the tradition of honoring an outstanding team physician and an outstanding athletic trainer with the Joe Torg and Ted Quendenfeld awards. This year’s Joe Torg award winner is Gary W. Dorshimer, MD, FACP, FCPP.

Bill von Leer, MA, LAT, ATC, is this year’s Ted Quendenfeld award winner. As always, our pledge to you is to provide excellent speakers on the most current sports medicine topics. We look forward to seeing you on Friday June 16, 2017.

Sincerely,



**Arthur R. Bartolozzi, MD**  
Course Chairman



**Justin Shaginaw, PT, DPT, LAT, ATC**  
Course Director



**Matt Hay, PA-C, ATC**  
Assistant Course Director

## 2017 FACULTY

### **Nicole Cattano, PhD, LAT, ATC**

Assistant Professor, Department of Sports Medicine  
West Chester University  
West Chester, PA  
Topic: *Post traumatic Arthritis Following ACL Injury*

### **Karin Grävare Silbernagel, PT, PhD, ATC**

Assistant Professor, Department of Physical Therapy  
University of Delaware  
Newark, DE  
Topic: *Achilles Tendinopathy - Rehabilitation and Return to Sports*

### **Jo A. Hannafin, MD, PhD**

Director Women’s Sports Medicine Center  
Hospital for Special Surgery  
New York, New York  
Topic: *Graft Selection in ACL Reconstruction: Do Sex, Sport, and Age Play a Role?*

### **Robert Panariello, MS, PT, ATC, CSCS**

Founding Partner, Chief Clinical Officer  
Professional Physical Therapy  
Uniondale, NY  
Topic: *The ACL Athlete: The Physical Qualities for Rehabilitation to Athletic Performance*

### **Scott Stackhouse, PT, PhD**

Associate Professor, Department of Physical Therapy  
Arcadia University  
Glenside, PA  
Topic: *Bringing Pain Science to the Forefront of Sports Rehabilitation*

### **Douglas Sutton, MD**

Director of Orthopaedic Spine Surgery  
Aria 3B Orthopaedics, Jefferson Health  
Philadelphia, PA  
Topic: *Evaluation and Treatment of Sports Related Lumbar Spine Injuries*

### **Joseph Torg, MD**

Orthopaedic Surgeon  
Temple Orthopaedics and Sports Medicine  
Philadelphia, PA  
Topic: *Conservative Management of Tarsal Navicular Stress Fractures*

Aria 3B Orthopaedic Institute  
601 Walnut Street, Suite L50  
Philadelphia, PA 19106




**June 16, 2017**

**Thomas Jefferson University  
Dorrance H. Hamilton Building**

**Connelly Auditorium, Room 109  
1001 Locust Street  
Philadelphia, PA 19107**

*Presented by*

 **Aria – 3B Orthopaedics  
Jefferson Health.**

*and*

**3B Medical Research & Education Foundation, Inc.**

## COURSE DESCRIPTION

The Philadelphia Sports Medicine Congress features lectures by nationally recognized experts in their respective fields focusing on leading edge topics in sports medicine. This course is directed towards athletic trainers, physical therapists, advanced practice nurses, physician assistants, and physicians caring for athletes.

## COURSE OBJECTIVES

Review critical issues faced by the sports medicine practitioner in the care of athletes. Provide the most recent advances in care to athletes at all levels of competition. Provide practical, interactive learning of evaluation and treatment techniques.

## ACCREDITATION/CEUS

This course has been submitted for approval to the NATA BOC for 5.5 EBM CEUs. This course has also been submitted for approval for physical therapists and physical therapy assistants for the states of Delaware, New Jersey, and Pennsylvania for 5.5 CEUs.

## REGISTRATION

**Fee: \$85**

**Registration Deadline: June 2, 2017**

Cancellations received in writing by June 9, 2017 will receive a full refund of their registration fee.

**Any questions can be directed to: 215-269-6707, or the event website [www.phillysmc.org](http://www.phillysmc.org)**

## LOCATION

Thomas Jefferson University  
Dorrance H. Hamilton Building  
Connelly Auditorium, Room 109  
1001 Locust Street  
Philadelphia, PA 19107

## 2017 PHILADELPHIA SPORTS MEDICINE CONGRESS PROGRAM

|                |  |
|----------------|--|
| 7:15-7:45 am   | <b>Registration</b>  |
| 7:45-7:55 am   | <b>Introduction</b><br><i>Arthur R. Bartolozzi, MD</i>   |
| 7:55-8:40 am   | <b>Evaluation and Treatment of Sports Related Lumbar Spine Injuries</b><br><i>Douglas C. Sutton, MD</i>                                  |
| 8:40-9:40 am   | <b>The ACL Athlete: The Physical Qualities for Rehabilitation to Athletic Performance</b><br><i>Robert Panariello, MS, PT, ATC, CSCS</i> |
| 9:40-10:40 am  | <b>Graft Selection in ACL Reconstruction: Do Sex, Sport and Age Play a Role?</b><br><i>Jo A. Hannafin, MD, PhD</i>                       |
| 10:40-10:50 am | <b>Break</b>   |
| 10:50-11:40 am | <b>Achilles Tendinopathy - Rehabilitation and Return to Sports</b><br><i>Karin Grävare Silbernagel, PT, PhD, ATC</i>                     |
| 11:40-12:40 am | <b>Lunch</b>   |
| 12:40-1:00 pm  | <b>Conservative Management of Tarsal Navicular Stress Fractures</b><br><i>Joseph Torg, MD</i>  |
| 1:00-1:15 pm   | <b>Joe Torg Award</b><br><i>Gary W. Dorshimer, MD</i>  |
| 1:15-1:30 pm   | <b>Ted Quedenfeld Award</b><br><i>Bill von Leer, MA, LAT, ATC</i>  |
| 1:30-1:50 pm   | <b>Keynote Speaker</b><br><i>Charlie Davies, Philadelphia Union</i>  |
| 1:50-2:00 pm   | <b>Break</b>   |
| 2:00-2:45 pm   | <b>Bringing Pain Science to the Forefront of Sports Rehabilitation</b><br><i>Scott Stackhouse, PT, PhD</i>                               |
| 2:45-3:30 pm   | <b>Post traumatic Arthritis Following ACL Injury</b><br><i>Nicole Cattano, PhD, LAT, ATC</i>   |
| 3:30 pm        | <b>Closing Remarks</b>   |

## THE ANNUAL PHILADELPHIA SPORTS MEDICINE CONGRESS

recognizes the following honorees for their outstanding contributions to the field of Sports Medicine in the Philadelphia area:

### Joe Torg Award

2000 Joe Torg  
2001 John Gregg  
2002 Phil Marone  
2003 Ray Moyer  
2004 Jim Nixon  
2005 Jack McPhilemy  
2006 Vince Distefano  
2007 Fred Balduini  
2008 Larry Miller  
2009 Craig Morgan  
2010 Arthur Bartolozzi  
2011 Barry Boden  
2012 John Kelly IV  
2013 Nicholas DiNubile  
2014 Wayne Sebastianelli  
2015 Jeffrey Abrams  
2016 Michael Ciccotti

### Ted Quedenfeld Award

2000 Ted Quedenfeld  
2001 Joe Godek  
2002 Jim Rogers  
2003 Steve Bair  
2004 Chuck Whedon  
2005 AJ Duffy  
2006 Joe Iezzi  
2007 Phil Donley  
2008 Keith Handling  
2009 Jeff Cooper  
2010 Cliff Fawcett  
2011 Charlie Thompson  
2012 Jim Malseed  
2013 Sandy Fowkes Godek  
2014 Tanya Dargusch  
2015 Linda Fabrizio Mazzoli  
2016 Michael Goldenberg

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