

## THE PHILADELPHIA SPORTS MEDICINE CONGRESS

This is the 14th year of the annual Philadelphia Sports Medicine Congress. This year our program will include a wide variety of sports medicine topics including articular cartilage, shoulder instability in the athlete, and concussion rehabilitation, presented by experts in the field of sports medicine. We will continue the tradition of honoring an outstanding team physician and an outstanding athletic trainer with the Joe Torg and Ted Quedenfeld awards. This year's Joe Torg award winner is Nicholas DiNubile, MD. Sandy Fowkes Godek, PhD, ATC is the Ted Quedenfeld award winner. As always, our pledge to you, is to provide excellent speakers on the most current sports medicine topics. We look forward to seeing you on June 14th.

Sincerely,



**Arthur R. Bartolozzi, MD**  
Course Chairman



**Justin Shaginaw, MPT, ATC**  
Course Director



**Matt Hay, PA-C, ATC**  
Assistant Course Director

## 2013 FACULTY

**Arthur R. Bartolozzi, MD**  
Director of Sports Medicine  
Aria 3B Orthopaedic Institute  
Philadelphia, PA

**John Cavanaugh, PT, MEd, ATC, SCS**  
Clinical Supervisor  
Sports Rehabilitation & Performance Center  
Hospital for Special Surgery  
New York, NY

**Noel Goodstadt, PT, DPT, OCS, CSCSC**  
Assistant Clinical Professor, Department of  
Physical Therapy & Rehabilitation Sciences  
Drexel University  
Philadelphia, PA

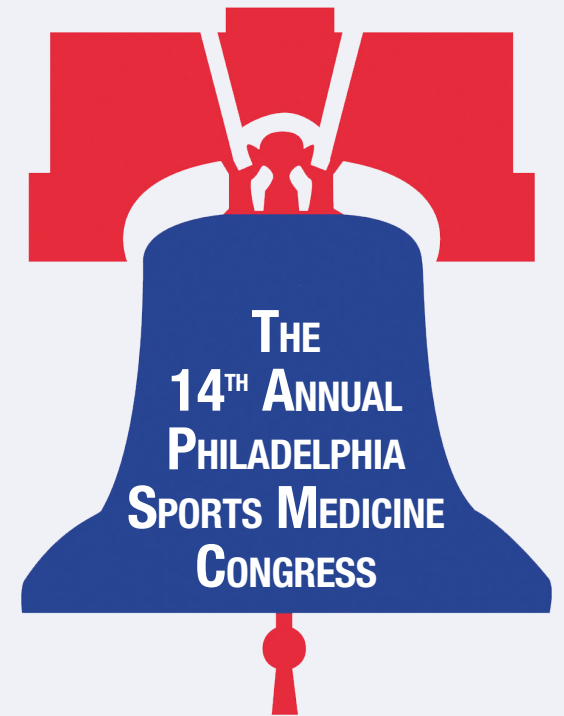
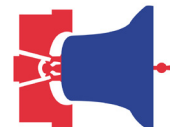
**Christina Master, MD**  
Associate Program Director  
Primary Care Sports Medicine Fellowship  
The Children's Hospital of Philadelphia  
Philadelphia, PA

**Brett Owens, MD**  
Chief of Orthopedic Surgery Service  
Keller Army Hospital  
West Point, N.Y.

**Jason Scopp, MD**  
Sports Medicine Director  
Center for Joint Preservation  
Peninsula Orthopaedic Associates  
Salisbury, MD

**Paul G. Vidal, DPT, MHSc, OCS, FAAOMPT**  
Specialized Physical Therapy  
Cherry Hill, NJ

Aria 3B Orthopaedic Institute  
601 Walnut Street, Suite L50  
Philadelphia, PA 19106



**June 14, 2013**

**National Museum of  
American Jewish History**

101 South Independence Mall East  
Philadelphia, PA 19106

*Presented By:*



**and The Sports Medicine  
Education & Research Foundation**

## COURSE DESCRIPTION

The Philadelphia Sports Medicine Congress features lectures by nationally recognized experts in their respective fields focusing on leading edge topics in sports medicine. This course is directed towards athletic trainers, physical therapists, advanced practice nurses, physician assistants, and physicians caring for athletes.

## COURSE OBJECTIVES

Review critical issues faced by the sports medicine practitioner in the care of athletes. Provide the most recent advances in care to athletes at all levels of competition. Provide practical, interactive learning of evaluation and treatment techniques.

## ACCREDITATION/CEUs

The Aria 3B Orthopaedic Specialists are approved by the NATA BOC for athletic trainers for 5.0 CEUs. This course has been submitted for approval for physical therapists and physical therapy assistants for the states of Delaware, New Jersey, and Pennsylvania for 5.0 CEUs.

## REGISTRATION

**Fee:** \$85

**Registration Deadline:** May 31st, 2013  
Cancellations received in writing by June 7th, 2013 will receive a full refund of their registration fee.

**Any questions can be directed to:**

**215-269-6707** or the event website:  
**www.phillysmc.org**

## NEW LOCATION

National Museum of American Jewish History  
101 South Independence Mall East  
Philadelphia, PA 19106

## PROGRAM SCHEDULE

7:15-7:45 am	<b>Registration</b>
7:45-7:55 am	<b>Introduction</b> <i>Arthur R. Bartolozzi, MD</i>
7:55-8:55 am	<b>Shoulder Instability</b> <i>Brett Owens, MD</i>
8:55-9:50 am	<b>Current Concepts: ACL Rehabilitation</b> <i>John Cavanaugh, PT, MEd, ATC, SCS</i>
9:50-10:00 am	<b>Break</b>
10:00-11:00 am	<b>Articular Cartilage Update</b> <i>Jason Scopp, MD</i>
11:00-11:45 am	<b>Noxious Stimulation for Pain Control in Tendon and Ligament Injuries</b> <i>Noel Goodstadt, PT, DPT, OCS, CSCSC</i>
11:45 am-12:45 pm	<b>Lunch</b>
12:45-1:00 pm	<b>Joe Torg Award</b> <i>Nicholas DiNubile, MD</i>
1:00-1:15 pm	<b>Ted Quedenfeld Award</b> <i>Sandy Fowkes Godek, PhD, ATC</i>
1:15-1:35 pm	<b>Keynote Speaker:</b> <i>Michael Barkann, Host/Anchor at Comcast SportsNet Philadelphia</i>
1:35-2:20 pm	<b>Kids Aren't Adults: Pediatric Sports Injuries</b> <i>Christina Master, MD</i>
2:20-3:00 pm	<b>Concussion Rehabilitation</b> <i>Paul G. Vidal, DPT, MHSc, OCS, FAAOMPT</i>

## THE ANNUAL PHILADELPHIA SPORTS MEDICINE CONGRESS

recognizes the following honorees for their outstanding contributions to the field of Sports Medicine in the Philadelphia area:

### JOE TORG AWARD

#### Previous Honorees

- 2000 Joe Torg
- 2001 John Gregg
- 2002 Phil Marone
- 2003 Ray Moyer
- 2004 Jim Nixon
- 2005 Jack McPhilemy
- 2006 Vince Distefano
- 2007 Fred Balduini
- 2008 Larry Miller
- 2009 Craig Morgan
- 2010 Arthur Bartolozzi
- 2011 Barry Boden
- 2012 John Kelly IV

### TED QUEDENFELD AWARD

#### Previous Honorees

- 2000 Ted Quedenfeld
- 2001 Joe Godek
- 2002 Jim Rogers
- 2003 Steve Bair
- 2004 Chuck Whedon
- 2005 AJ Duffy
- 2006 Joe Iezzi
- 2007 Phil Donley
- 2008 Keith Handling
- 2009 Jeff Cooper
- 2010 Cliff Fawcett
- 2011 Charlie Thompson
- 2012 Jim Malseed

## THE PHILADELPHIA SPORTS MEDICINE CONGRESS

### June 14, 2013 Enrollment Form

Enrollment deadline is **May 31, 2013**.

Cancellation deadline is **June 7, 2013**.

Please enroll online at [www.phillysmc.org](http://www.phillysmc.org).

Name: \_\_\_\_\_

Credential: MD/DO ATC PT RN PA

License/NATA: \_\_\_\_\_

Institution: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Work Phone #: \_\_\_\_\_

\*Email: \_\_\_\_\_

*\*Your confirmation will be sent by email.*

**Amount Enclosed: \$85.00**

**Mail the enrollment form and payment to:**

Aria 3B Orthopaedic Institute  
Ground Floor  
380 North Oxford Valley Road  
Langhorne, PA 19047